



Group Exercise Instructor Audition Videos

Welcome to HiTONE Fitness! We pride ourselves on offering the industry's most effective formats taught by the most inspiring and qualified instructors. We are excited to see you shine! Show us that you are ready to sport the HITONE brand and lead our members!

Video Submission Requirements:

- Your voice must be clear
- If your class is choreographed to music, the music must be heard clearly
- Your submission must be in one video with no cuts or edits
- You must teach to at least two participants
- You and your participants must be visible on the video

Videos must contain:

- Warmup
- At least 15 minutes of the format you are presenting
- Cooldown and Stretch

You **MUST** submit one video for each format you want to be considered for.

Video Suggestions:

Look the part and dress for the format(s) you will be presenting. This includes, branded gear, appropriate support/undergarments, minimal jewelry, no perfume, no chewing gum, light make-up.

Make sure to show your personality! Smile, make eye contact, have tonality in your voice.

You have to know how to cue! Show your expertise in teaching to a beginner and an experienced class participant. We want to see that you are capable of teaching to anyone and everyone.

Be memorable!

Your email should contact:

- Name
- Email address
- Cell phone number
- Current Group Exercise certifications

Please submit videos to:

Laura Profit, Vice President of Fitness

laura@hitonefitness.com

Please send all questions to the Club Director of the location you are applying to.